**BE THE LIGHT**

Be the wind in someone’s sail,

Be the calm in someone’s gale,

Be the spark today,

In someone’s dark day.

Be the joy that’s found,

Turning another’s day around.

Be the hope in someone’s gloom -

Like the sunshine -helping flowers bloom.

Be the light in someone’s night,

And their breastplate in a fight,

And your kindness, always share

In what you do and how you care.

Be the reason to make them smile,

Even if it is for a little while.

In a world that is so tough,

With a whole lot of toxic stuff -

Be the balm - soothing the strife

In someone’s stress filled life!

***(14.12.2000)***

Crystal David John